



HEALTH & THERMOGRAPHY

# Breast Health Questionnaire

Name \_\_\_\_\_ DOB \_\_\_\_\_

## BREAST HEALTH QUESTIONS

Do you have any close relatives who have had breast cancer?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, who?		
Have you ever been diagnosed with breast cancer? If yes, what kind, stage, and what course of action did you take?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been diagnosed with any other breast conditions?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had any biopsies or surgeries to your breasts?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had any breast cosmetic surgery or implants? Please provide details. Silicone or saline? Under muscle? Year placed: Any issues?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had a mammogram in the past 12 months?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had a mammogram in the past 5 years?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had abnormal results from any breast testing? If yes, please explain.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever taken a contraceptive pill for more than 1 year? Approximately how many years? What kind of contraception?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you suffered with cancer of the Cervix, Uterus, or Ovaries? If yes, please specify.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had pharmaceutical hormone replacement therapy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have an annual physical examination by a doctor?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you perform a monthly self breast exam?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
How many mammograms have you had in total? (Estimation is ok.) _____ Age at first mammogram _____		
Were your results normal?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
How many births have you had?		
Your age at birth of first child?		
Did your periods start before the age of 12?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Did your periods finish after the age of 50?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you smoke? YES / NEVER / NOT IN LAST 12 MONTHS / NOT IN LAST 5 YEARS		

## HAVE YOU RECENTLY HAD ANY OF THESE BREAST SYMPTOMS?

Pain?	<input type="checkbox"/> Right	<input type="checkbox"/> Left
Lumps?	<input type="checkbox"/> Right	<input type="checkbox"/> Left
Change in breast size?	<input type="checkbox"/> Right	<input type="checkbox"/> Left
Areas of thickening or dimpling?	<input type="checkbox"/> Right	<input type="checkbox"/> Left
Secretions of the nipple?	<input type="checkbox"/> Right	<input type="checkbox"/> Left

I understand that the Report generated from my images is intended for use by trained health care providers to assist in evaluation, diagnose and treatment. I further understand that the Report is not intended to be used for individuals for self-evaluation or self-diagnosis. I understand that the Report will not tell me whether I have any illness, disease, or other condition but will be an analysis of the Images with respect only to the thermographic findings discussed in the Report. In order to obtain an accurate baseline pattern, Meditherm requires a three month follow up thermography. The purpose of the three month follow up comparison is to establish the baseline pattern for which all future thermograms are compared to monitor stability. By signing below, I certify that I have read and understand the statements above and consent to the examination.

*Lighthouse Health and Thermography LLC* claims thermography and mammography are two different screening tools and does not claim that one replaces the other.

Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_